



PREAMBLE

THE COMPASSIONATE FRIENDS BEREAVED PARENT SUPPORT & INFORMATION CENTRE, MELBOURNE

Many of the Fact sheets included here have been written with the bereaved parent as the intended audience however we believe the content equally applies to bereaved siblings.

So as you start to read them, don't discount the advice because of who it addresses, rather, substitute you or your sibling in the appropriate places.

We trust they provide some help to you on your journey through your suffering.